

**IN THE UNITED STATES DISTRICT COURT  
FOR THE MIDDLE DISTRICT OF NORTH CAROLINA**

GRETCHEN S. STUART, M.D., et al.,

Plaintiffs,

v.

JANICE E. HUFF, M.D., et al.,

Defendants.

CIVIL ACTION

Case No. \_\_\_\_\_

**DECLARATION OF NADA STOTLAND, M.D., MPH,  
IN SUPPORT OF PLAINTIFFS' MOTION FOR  
PRELIMINARY INJUNCTION/TEMPORARY RESTRAINING ORDER**

NADA LOGAN STOTLAND, M.D., MPH, declares and states the following:

1. I am a board-certified psychiatrist licensed to practice medicine in Illinois. In addition to my medical degree, I have a master's degree in public health. I am a professor in the psychiatry department at Rush Medical College of Rush University in Chicago, and I am the former chair of the psychiatry department at the Illinois Masonic Medical Center in Chicago. Throughout my career, I have treated patients with psychiatric issues related to pregnancy and have consulted with patients seeking abortions.

2. I have been a member of the American Psychiatric Association since 1976, and I served as President of the organization from 2008 to 2009. I have also held appointed or elected leadership positions in the North American Society for Psychosocial

Obstetrics and Gynecology, the American College of Obstetricians and Gynecologists, the Society for Women's Health Research, the U.S. Health Resources and Services Administration, and the World Psychiatric Association.

3. I have authored or edited seven books and published over fifty articles and chapters in peer reviewed journals, primarily on the topics of psychiatry and obstetrics and gynecology. I have written or edited two peer-reviewed books specifically on the topic of abortion: *Psychiatric Aspects of Abortion*, published in 1991, as well as *Abortion: Facts and Feelings* in 1998, both of which were published by the American Psychiatric Publishing, Inc. I recently co-authored a paper entitled "Is there an 'Abortion Trauma Syndrome'? Critiquing the Evidence," published by the Harvard Review of Psychiatry in 2009. Other particularly relevant articles I authored include "Psychosocial Aspects of Induced Abortion" in the Journal of Clinical Obstetrics and Gynecology in 1997 and "The Myth of the Abortion Trauma Syndrome" in the Journal of the American Medical Association in 1992. (A copy of my curriculum vitae is appended as Exhibit 1.)

4. I have reviewed North Carolina's "Woman's Right to Know Act" at issue in this case. In forming the opinions expressed in this declaration, I relied on my decades of personal experience treating and consulting with patients and on knowledge I have obtained through my training, my ongoing review of professional literature, my discussions with colleagues, and my attendance at conferences related to the topics discussed below. The literature which informs the opinions set forth below includes, but is by no means limited to, the following:

- American Psychological Association, Task Force on Mental Health and Abortion, "Report of the Task Force on Mental Health and Abortion" (2008), available at <http://www.apa.org/pi/women/programs/abortion/mental-health.pdf> (Report of the APA Task Force);
- Gail Erlick Robinson, Nada L. Stotland, Nancy Felipe Russo, Joan A. Lang & Mallay Occhiogrosso, "Is There an 'Abortion Trauma Syndrome'? Critiquing the Evidence," *Harvard Review of Psychiatry*, 17:4, 268-290 (2009);
- Brenda Major, Mark Appelbaum, Linda Beckman, Mary Ann Dutton, Nancy Felipe Russo, Carolyn West, "Abortion and Mental Health: Evaluating the Evidence," *American Psychologist*, 64:9, 863-890 (2009);
- Trine Munk-Olsen, Thomas Munk Laursen, Carsten B. Pedersen, Øjvind Lidegaard & Preben Bo Mortensen, "Induced First-Trimester Abortion and Risk of Mental Disorder," *New England Journal of Medicine*, 364:4, 332-339 (2011); and
- Draft report from National Collaborating Centre for Mental Health at the Royal College of Psychiatrists, entitled "Induced Abortion and Mental Health: A systematic review of the mental health impact of induced abortion," 2011 draft, available at <http://www.rcpsych.ac.uk/pdf/Induced%20Abortion%20and%20Mental%20Health%20Review%20Consultation%20Draft.pdf>.

## PSYCHOLOGICAL SYMPTOMS FOLLOWING AN UNWANTED PREGNANCY

5. Women of all ages who have unwanted pregnancies experience complex emotional responses, regardless of whether they choose to terminate the pregnancy or carry to term.

6. Approximately 10 to 20 percent of women in the United States who carry pregnancies to term experience postpartum depression, a discrete psychiatric illness. Carrying an unwanted pregnancy to term may also lead to longstanding life distress.

7. Abortion carries less risk of psychological consequences than does carrying a pregnancy to term. The predominant emotional responses following abortion are positive feelings of relief, and many women feel an increased sense of control over their lives following an abortion. Following an abortion, however, women may experience a whole range of human emotions. Possible negative responses, however, do not constitute a psychiatric illness. Moreover, the rate of depression among women following an abortion is comparable to the rate of depression in the general population.

8. The most powerful predictor of the psychiatric state a woman will be in following an abortion is the psychiatric state she was in before she had the abortion. Other factors include: her freedom to make an autonomous decision; whether she has been neglected or a victim of abuse or other violence; her past psychiatric history; her level of social supports; her economic situation; and whether her loved ones provide her support regardless of whether or not she decides to continue the pregnancy.

9. Studies have shown that negative symptoms following an abortion are attributable to prior existing conditions. Thus, studies that have shown a temporal association between abortion and negative psychological reactions have not established a causal relationship because they did not distinguish between the causes of and experience of unwanted pregnancy and abortion.

10. To the extent that women experience negative psychological symptoms following an abortion, the abortion does not appear to cause those responses. The circumstances that surround the conception and the unwantedness of the pregnancy are intermeshed with the reactions to whatever decision the woman makes and carries out.

11. An American Psychological Association Task Force on Mental Health and Abortion issued a report in 2008 based on its review and evaluation of “all empirical studies published in English in peer-reviewed journals post-1989 that compared the mental health of women who had an induced abortion to the mental health of comparison groups of women or that examined factors that predict mental health among women who had an elective abortion in the United States.” (Report of the APA Task Force at p. 3.) The conclusions in the final report included the following:

- “The best scientific evidence published indicates that among adult women who have an unplanned pregnancy the relative risk of mental health problems is no greater if they have a single elective first-trimester abortion than if they deliver that pregnancy.” (*Id.* at p. 4 (emphasis omitted))

- “In general, . . . , the prevalence of mental health problems among women in the United States who had a single, legal, first-trimester abortion for non-therapeutic reasons was consistent with normative rates of comparable mental health problems in the general population of women in the United States.” (*Id.* at p. 4)
- There was a lack of evidence “sufficient to support the claim that an observed association between abortion history and mental health was caused by the abortion per se, as opposed to other factors.” (*Id.* at p. 4).

12. The Royal College of Psychiatrists, which is the professional and educational body for psychiatrists in the United Kingdom, is expected to publish this fall a report on “Induced Abortion and Mental Health: A systematic review of the mental health impact of induced abortion.” Although not yet in final form, a draft was issued for comment, and I have reviewed it. The draft indicates that the authors engaged in very detailed, rigorous review of methodologically sound studies on the topic and reached essentially the same conclusions as did the American Psychological Association’s Task Force.

13. Severe emotional distress felt by women following an abortion is transient and rare. Moreover, neither pregnancy nor abortion is the type of catastrophic event that triggers the psychiatric disorder known as posttraumatic stress disorder (PTSD).

14. “Postabortion trauma syndrome” and “post abortion depression and psychosis” – terms used by some people to mean that a person has PTSD from having an

abortion – are not scientific terms. Peer-reviewed, methodologically sound studies have concluded that there is no plausible scientific evidence for the existence of such “syndromes.” Studies that conclude that women who have abortions have significant psychological reactions are methodologically flawed and therefore unreliable because of factors including the failure to control for wantedness of pregnancy and/or exposure to violence. (See Robinson, et al. (2009).) Moreover, no such syndrome is recognized by the American Psychiatric Association, whose Diagnostic and Statistical Manual of Mental Disorders (DSM) does not include any category of problems associated specifically with abortion.

**COMMENTS RELATED TO THE PSYCHOLOGICAL IMPACT ON PATIENTS OF BEING PROVIDED UNWANTED INFORMATION AND EXPERIENCES IN ORDER TO OBTAIN AN ABORTION**

15. Compelling a patient to look at the outcome of a medical test or image or to listen to any detailed explanation of such medical test or image will cause some patients psychological pain and/or anxiety.

16. For abortion patients who do not want to view an ultrasound image, hear an explanation of the image, and/or hear a description of the image, providing those experiences, explanations, or descriptions will serve only to cause anxiety and psychological pain. As a mental health professional, it appears to me that requiring a physician to provide those experiences, explanations, and descriptions when unwanted by the patient would be meant to upset the patient and deter her from carrying out a decision she has made.

17. For some groups of women, requiring a physician to place an ultrasound image in the patient's view and provide an explanation and description of that when unwanted by the patient will impose additional harms. For example, in the case of patients who are seeking abortions because they are carrying more embryos or fetuses than can safely develop, I believe that these requirements would cause the patient to experience grief. In the vast majority of cases in which an infertility patient is carrying several embryos, some of them will eventually die or will be born with severe defects if there is no reduction in the number of living embryos. A patient in such a situation may decide to abort some embryos in order to protect the life or health of other embryo(s). To put ultrasound images in view and provide an explanation and description of those is likely to cause the patient to experience grief over the difficult decision she has made to protect the life or health of the embryo(s) she will continue to carry.

18. I am not aware of other situations in medicine, including the care of a pregnant woman who wishes to carry the pregnancy, in which a physician is required to put unwanted images in a patient's view or to provide explanations of images or test results in more detail than a patient chooses to receive.

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I declare under penalty of perjury under the laws of the United States of America  
that the foregoing is true and correct.

Executed this 19<sup>th</sup> day of September, 2011

at Buenos Aires, Argentina.

  
NADA STOTLAND, M.D., MPH

**Nada Logan Stotland, M.D., M.P.H.**  
**Curriculum Vitae**

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DATE OF BIRTH: August 15, 1943  
PLACE OF BIRTH: Chicago, Illinois  
CITIZENSHIP: U.S.A.  
FAMILY STATUS: Married to Harold Stotland, 6/30/63  
Children: Lea, Naomi, Eve, Hanna Stotland

EDUCATION:

1956-59	New Trier Township High School Winnetka, IL. - Diploma (1959)
1959-60	University of Illinois
1960-63	The University of Chicago B.A. (Psychology) 1963
1963-67	The University of Chicago School of Medicine M.D. 1967
1967-68	Internship University of Illinois Research and Education Hospital Straight Pediatrics
1968-70	Resident in Psychiatry (PGY II and III) The University of Chicago
1970-78	Leave of absence: full-time parenting
1978-80	Residency completed (half time for two years) as Fellow, Psychiatric Consultation-Liaison Service: Liaison-Consultant to Department of Obstetrics and Gynecology The University of Chicago
1984-95	Candidate, Chicago Institute for Psychoanalysis Graduate, 1995
1996-98	University of Illinois at Chicago Master of Public Health(Health Policy and Administration), 1998

BOARD CERTIFICATION:

1968            National Board of Medical Examiners  
1982(June)    American Board of Psychiatry and Neurology.  
                  (No. 23713)

MEDICAL LICENSURE:

1968-Present    Illinois (No. 36-41813)

ACADEMIC APPOINTMENTS:

1984-1987      Clinical Associate Professor of Psychiatry  
                    The University of Chicago

1981-1984      Clinical Assistant Professor of Psychiatry  
                    The University of Chicago

1987-1997      Associate Professor of Clinical Psychiatry  
                    The University of Chicago

1988-1997      Associate Professor of Clinical Obstetrics and Gynecology  
                    The University of Chicago

1997 -          Professor, Department of Psychiatry  
                    Professor, Department of Obstetrics & Gynecology  
                    Rush Medical College of Rush University, Chicago, Illinois

POSITIONS HELD:

2001-present    Private Practice of Psychiatry

1996- 6/01      Illinois Masonic Medical Center  
                    Chair, Department of Psychiatry  
                    Attending Staff, Department of OB/GYN

1992-96        Medical Coordinator for Mental Health Services  
                    (Chief Medical Officer)  
                    State of Illinois Department of Mental Health and Developmental  
                    Disabilities

1988-92        Director of Psychiatric Education  
                    The University of Chicago

1987-88        Director of the Psychiatric Consultation-Liaison Service  
                    The University of Chicago Hospitals and Clinics

- 1980-87 Associate Director of the Consultation-Liaison Service  
Psychiatric Consultant to the Department of Obstetrics and  
Gynecology, Michael Reese Medical Center
- 1981-84 Director, Psychosocial Curriculum  
Primary Care Internal Medicine Training Program  
Michael Reese Hospital and Medical Center/The  
University of Chicago
- 1980-82 Attending Physician, Cook County Hospital, Department of Family  
Practice  
Director, Behavioral Science-Family Dynamics Curriculum

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5. Stotland, N.L.: Social Change and Women's Reproductive Health Care. Women's Health Issues, Vol. 1, No. 1:4-11 (Fall, 1990).
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8. Stotland, N.L.: Contemporary Issues in Obstetrics and Gynecology for the Consultation-Liaison Psychiatrist. Hospital and Community Psychiatry, Vol. 36, No. 10:1102-1108, October 1985.
9. Stotland, N.L.: Letter to the Editor. The New England Journal of Medicine, Vol 329, No. 16, October 1993.

10. Stotland, N.L.: An Orientation Program for New Residents in Obstetrics and Gynecology (letter to editor). Obstetrics & Gynecology, Vol. 84, No. 2, August 1994.
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12. Stotland, N.L., Romans, M.C.: Adolescent Girls' Health and Self-Esteem. Women's Health Issues, Vol. 4, No. 2, Summer 1994.
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15. Stotland, N.L.: The Seductive Patient. Primary Care Update for Ob/Gyns., 3: 2. March/April 1996, 4:1 January/February 1997.
16. Stotland, N.L. Conceptions and Misconceptions: Decisions About Pregnancy. General Hospital Psychiatry, January 1996.
17. Stotland, N.L.: Psychiatry Masquerading as Ethics: The Psychiatrist as Systems Analyst. Am.J.Psychiatry. 1997.
18. Stotland, N.E. and Stotland, N.L.: When Your Patient Demands a Cesarean Section. Primary Care Update for Ob/Gyns, March/April 1996.
19. Stotland, N.L.: Special Feature: Program from the Fourth Annual Congress on Women's Health, June 18-19, 1996. Abstract: Induced Abortion: The Intersection of Politics and Health Care. Journal of Women's Health, Vol. 5, Num. 3, June 1996.
20. Stotland, N.L.: Assessing the Mental Health Impact of Induced Abortion, Medscape Women's Health, August 1996.
21. Stotland, N.L. Refusal of Medical Treatment: Psychiatric Emergency?, American Journal of Psychiatry, 154:1, January 1997.
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23. Stotland, N.L. If a little knowledge is a dangerous thing, what about a lot of knowledge: what have we learned from Pandora? Womens Health Issues. 1997 Jul-Aug;7(4):201-3.

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44. Stotland, N.L. Menopause: Social expectations, women's realities. Arch Women's Mental Health 5:5-8, 2002
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- 2.\* Stotland, N.L., and Garrick, T.R.: Manual of Psychiatric Consultation, Washington, D.C.: American Psychiatric Press, Inc. 1990.
- 3.\* Stotland, N.L. (Ed.): Psychiatric Aspects of Reproductive Technology. Washington, D.C.: American Psychiatric Press, Inc. 1990.
- 4.\* Stotland, N.L.(Ed.): Psychiatric Aspects of Abortion. Washington, D.C.: American Psychiatric Press, Inc., 1991.
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Italian edition published by CIC Edizioni Internazionali, 2002
9. Stotland, N.L. Medical Editor, The Complete Mental Health Directory, 6<sup>th</sup> ed., 2008. Grey House Publishing, Millerton NY
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#### BOOK CHAPTERS:

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4. Stotland N.L.: Reproductive Choice. In The Free Woman: Women's Health in the 1990's, E.V. Van Hall and W. Everaerd (eds.) Park Ridge, N.Y.: The Parthenon Publishers, 1989, pp. 488-502.
5. Stotland, N.L., and Smith T.: Psychiatric Consultation to Obstetrics and Gynecology: Systems and Syndromes. In American Psychiatric Press Review of Psychiatry, Vol. 9, A. Tasman, M.D. (ed.) Washington, D.C.: American Psychiatric Press, Inc. 1990.
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7. Stotland, N.L.: Psychiatric Issues in Abortion and the Implications of Recent Legal Changes for Psychiatric Practice. In Psychiatric Aspects of Abortion, N.L. Stotland (ed) Washington, D.C.: American Psychiatric Press, Inc. 1991.
8. Stotland, N.L.: Gender-related Psychology. In Behavioral Science for Medical Students, F. S. Sierles, M.D. (ed), Baltimore: Williams & Wilkins, 1992.
9. Stewart D.E. and Stotland, N.L.: Psychological Aspects of Women's HealthCare: The Interface between Psychiatry and Obstetrics and Gynecology, ed. by N.L. Stotland and D. Stewart, Washington, D.C. American Psychiatric Press Inc.1993.
10. Stotland, N.L.: Induced Abortion. Ibid.
11. Stotland, N.L.: Psychiatric Consultation to Obstetrics and Gynecology. Ibid.
12. Stotland, N.L.: Contraception and Abortion: Challenges for the Next Century. In: Reframing Women's Health: Multidisciplinary Research and Practice, ed. by A.J. Dan, Sage Publications, Thousand Oaks, CA, 1994.
13. Stotland, N.L.: Psychosocial and Legal Issues in Premenstrual Symptoms. In Premenstrual Dysphorias: Myths and Realities. Ed. By J.H. Gold and S.K. Severino. American Psychiatric Press, Inc. 1994.
14. Stotland, N.L.: Psychosomatics. In Gynecology and Obstetrics, ed. by J.J. Sciarra, Harper and Row, Philadelphia, 1995.
15. Stotland, N.L.: Women and Psychiatry. In The American Psychiatric Press, Inc. Textbook of Psychiatry, 2nd Edition, ed. by S Yudofsky, J Talbott, R Hales. Washington DC, 1995.
16. Stotland, N.L.: Psychiatric and Psychosocial Issues in Primary Care for Women. In Women's Primary Health Care: Office Practice and Procedures,

Ed. By Vicki L Seltzer and Warren H. Pearse. McGraw-Hill, Inc. New York, NY, 1995.

17. Stotland, N.L.: Obstetrics and Gynecology. In The American Psychiatric Press Textbook of Consultation-Liaison Psychiatry, ed. by JR Rundell and MG Wise. American Psychiatric Press Inc., Washington DC, 1996.
18. Stotland, N.L.: Psychological Treatments. In A Clinician's Guide to Menopause. Ed. by D.E.Stewart and G.E.Robinson. American Psychiatric Press, Inc. Washington, DC, 1997.
19. Stotland, N.L.: The Young Adult Woman. In Textbook of Women's Health, Ed. By L.A.Wallis. Boston: Little, Brown. 1997
20. Stotland, N.L.: Common Psychiatric Diagnoses in Gynecologic Practice. In Novak's Textbook of Gynecology-Twelfth Edition, Ed. by J.S.Berek, E.Y.Adashi, P.A.Hillard, Philadelphia, Williams and Wilkins. 2000
21. Stotland, N.L. : Obstetrics and Gynecology. In Textbook of Consultation-Liaison Psychiatry, Ed. by J.R. Rundell and M. G. Wise. American Psychiatric Press, Inc. Washington, DC 2001.
22. Stotland, N.L. Reproductive Issues. In Women's Mental Health in Primary Care, Ed. By KJ Zerbe. WB Saunders, Philadelphia, 1999
23. Stotland, Nada L. Psychiatry. In Primary Care Clinics in Office Practice, WS Saunders, 2002
24. Stotland, Nada L. Common Psychiatric Diagnoses in Gynecologic Practice. In Novak's Gynecology: Self-Assessment and Review, 2<sup>nd</sup>. Ed., ed. By J. Berek. Lippincott Williams and Wilkins, New York, NY, 2002, and 4<sup>th</sup>.Ed, 2009

#### BOOK REVIEWS:

Stotland, N.L.: The Woman Patient: Medical and Psychological Interfaces, M. Notman and C. Nadelson (eds). New York and London: Plenum Press, 1978, in "Women and Health" 5(2):71-72, 1980.

Stotland, N.L.: Female Identity Conflicts in Clinical Practice, Psychiatric Times, August, 1994.

Stotland, N.L.: Women Beyond Freud: New Concepts of Feminine Psychology, American J Psychiatry, 151:11, November, 1994.

Stotland, N.L.: Illness and Power: Women's Mental Disorders and the Battle between the Sexes. J. Nervous Mental Dis 1995

Stotland, N.L.: Biologically Informed Psychotherapy for Depression, American J Psychiatry, August 1996.

Stotland, N.L. Illness and Power: Women's Mental Disorders and the Battle Between the Sexes, The Journal of Nervous and Mental Disease, September 1996.

Stotland, N.L. Speaking of Sadness: Depression, Disconnection, and the Meaning of Illness by David Karp, 1997.

Stotland, N.L. Women and the Ownership of PMS: The Structuring of a Psychiatric Disorder by Anne E. Figert, January 1998, Journal of Nervous and Mental Disease.

Stotland, N.L. Women and Group Therapy: Theory and Practice by Betsy DeChant, January 1999, American Journal of Psychiatry.

Stotland, N.L. The Right to Refuse Mental Health Treatment, by Bruce J. Winick, J.D., October 1999, American Journal of Psychiatry.

Stotland, N.L. Wednesday's Child: Research Into Women's Experience of Neglect and Abuse in Childhood and Adult Depression, by Antonia Bifulco and Patricia Moran, April 2000, The American Journal of Psychiatry.

Stotland, N.L. Postpartum Mood Disorders, by Laura J. Miller, May 2000, ORGYN, No. 1, 2001.

Stotland, N.L. Healing the Trauma of Abuse: a women's workbook. ME Copeland and M Harris. New Harbinger, Oakland Ca. In Press.

Stotland, N.L. Mood Disorders in Women, Edited by M. Steiner, KA Yonkers, E. Eriksson. Martin Dunitz London, 2000. The American Journal of Psychiatry, October 2001.

Stotland, N.L. Healing the Trauma of Abuse: A Women's Workbook, by ME Copeland and M Harris. Psychiatric Times, October 2001

Stotland, N.L. Regulating Menstruation: Beliefs, Practices, and Interpretations. Ed by D Van De Walle and EP Renne. Psychiatric Services, May 2002

Stotland, N.L. An Alchemy of Mind: The Marvel and Mystery of the Brain, by D Ackerman. Psychiatric Services, in press

Stotland, N.L. The Truth of the Matter, by Robb Forman Dew. Psychiatric Services, 12/06

Stotland, N.L. Talking to Families About Mental Illness. Journal of Psychiatric Practice, 2011

SELECTED INVITED LECTURES:

Women & Science

National Institutes of Mental Health Special Lecture: 1992

Psychiatric Aspects of Obstetrics and Gynecology

Bernstein Lecture, University of Minnesota, 1993

Psychiatry in Primary Care

Keynote Address,

Louisiana Psychiatric Association Annual Meeting, 1993

Abortion and the Psychiatric Consultant

The Academy of Psychosomatic Medicine, 1994

Psychiatry: Changing Our Minds

Washington State Psychiatric Association: 1995

Psychiatry for Lawyers

Chicago Bar Association Mental Health Committee: 1995

Women: Reproductive Events and Psychiatric Illness, University of Hong Kong,

March 1997.

Harassment: A Positive Approach, Great Lakes United States Naval Station, March

1997.

Self Esteem and Vulnerability to Pregnancy, Adolescent Pregnancy Prevention

Conference, Chicago, IL, April 1997.

Patient Advocacy. Kentucky Psychiatric Association, Louisville, KY, September 1997.

Depression: Not Just the Blues, Cook County Commission on Women's Health

Issues and U.S. DHHS Office of Women's Health, January 1999.

Gender and Schizophrenia

Oregon Psychiatric Association, Dickel Lecture, 2001

Managing Your Professional and Personal Lives

American Medical Student Association Primary Care Leadership Training

Program, 2001

Two-Career Marriages.

Australian Federation of Medical Women,  
Sydney, Australia, August 2001

Periods: Past, Present, and Future

The New South Wales Institute of Psychiatry  
Sydney, Australia, August 2001

Postpartum Depression and the African-American Mother

Congressional Black Caucus  
Washington, DC, September 27, 2001

War on Terrorism: Psychiatric Implications for Women

Illinois Women's Health Coalition  
December 11, 2001

Depression in the Perimenopause

Women's Health Conference  
Nice, France  
March 8, 2002

Medicine and Marriage

American Association of Physicians of Indian Origin  
Annual Meeting, June 2002

Medical Marriages

Western Australian Association of Medical Women  
Perth, Australia  
August 29, 2002

Working with Difficult Patients

New South Wales Association of Medical Women  
Sydney, Australia  
September 2, 2002

Methodological Issues in Abortion Research

Advancing New Standards in Reproductive Health(ANSIRH)  
University of California San Francisco  
May 21, 2003

Ethical Dilemmas in Psychiatry

Nevada Psychiatric Association, February 2004

Postpartum Depression

Oregon Psychiatric Association, March 2004

Postpartum Depression and the American Way of Birth

Minnesota Psychiatric Society, October 2004

Giving 200%

Keynote Lecture, Northern California Psychiatric Society, April 2005

The Pregnant, Substance-Abusing Diabetic

American Diabetes Association, March 2005

Mental Health Consultation in Breast Cancer

Avances en Medicina Psicosomatica: Segundo Simposio Anual  
San Juan, Puerto Rico

Mental Health Issues in Law Students

National Association on Legal Careers, March 2011

1988- Selected Grand Rounds:

Harvard Medical School  
East Tennessee University Medical School  
Wayne State University  
New York Medical College: Manhattan and Westchester campuses  
Columbia University College of Physicians and Surgeons  
University of California San Francisco  
Medical College of Pennsylvania  
Tulane University College of Medicine  
Indiana University School of Medicine  
Northwestern University School of Medicine  
Baylor College of Medicine  
University of Louisville School of Health Sciences  
Medical College of Wisconsin  
Oregon Health Sciences University  
University of Minnesota School of Medicine  
University of Texas Medical Branch at Galveston  
Duke University School of Medicine  
New York Medical College  
Albert Einstein College of Medicine:  
    Long Island Jewish Hospital  
    Bronx-Lebanon Hospital  
Saint Louis University  
The Cleveland Clinic  
Sheppard and Enoch Pratt



University of Cincinnati School of Medicine  
Case Western Reserve School of Medicine  
Medical College of Wisconsin  
Chicago Medical College  
Rush Medical College  
Stanford University  
West Virginia University  
University of Tennessee  
University of Illinois College of Medicine

## SELECTED INVITATIONAL CONFERENCES

Health Association of Professors of Gynecology and Obstetrics. Women's  
In the Medical School Curriculum. Arlington, Va. June 2003.  
Contributor to: Women's Health Competencies for Medical Students  
APGO, 2005

University of California San Francisco. Advancing New Standards in  
Women's Reproductive Health. February 2004

United States Health Resources and Services Administration.  
Identifying Disproportionate Need Areas. June 2004

University of Medellin, Colombia. Women in the 21<sup>st</sup> Century 2008

## EDITORIAL BOARDS:

1978-86 Our Baby's First Seven Years  
Chicago Lying-In Hospital, The University of Chicago

1982-1990 Medicine on the Midway  
Alumni Journal, The University of Chicago Pritzker School of  
Medicine

1989 - 98 Women's Health Issues  
Journal of the Jacobs Institute, American College of  
Obstetricians and Gynecologists

1992 Textbook of Psychiatry, Second Edition  
The American Psychiatric Press, Inc.

1993 - Primary Care Update for Ob/Gyns, Psychiatry Section Editor  
American College of Obstetrics and Gynecology/Elsevier

1995- Psychiatric News, Editorial Advisory Board

1/96-12/99 American Journal of Psychiatry, Associate Editor

1995-98 Medical Update for Psychiatrists, Editor-in-Chief  
Elsevier, New York/Amsterdam

1996- Journal Watch Women's Health, Psychiatry Editor  
New England Journal of Medicine

1997- Women's Health Today, Editorial Board

1997- Psychline, Associate Editor, International Board of Editors

1998- 2002 Archives of Women's Mental Health, Editorial Board

1999- General Hospital Psychiatry, Associate Editor, Editorial Board

2000- Newsletter for Women in Psychiatry (interim editor, 2005-

2004-5- The Female Patient

#### REVIEWER:

American Psychiatric Press, Inc.  
American Journal of Psychiatry  
Archives of General Psychiatry  
Hospital and Community Psychiatry  
Int'l Journal of Psychosomatic Obstetrics & Gynecology  
Journal of the American Medical Association  
Journal of Neuropsychiatry  
General Hospital Psychiatry  
Psychiatric Services  
Journal of Nervous and Mental Disease  
Journal of Psychiatry in Medicine  
Psychoanalytic Psychology  
Obstetrics & Gynecology  
Fertility and Sterility  
Journal of Women's Health  
Journal of Orthopsychiatry  
American Journal of Obstetrics and Gynecology

#### HOSPITAL ACTIVITIES:

### **The University of Chicago**

1988-91	Women's Programs Working Group
1989-91	Committee on Balancing Personal & Professional Life
1989-91	University of Chicago Space Planning Committee
1989-91	Ambulatory Care Committee
1989-92	House Staff Advisory Committee
	Chair, Personnel Policies Subcommittee
1991-92	Ambulatory Care Education Committee

### **(Advocate) Illinois Masonic Medical Center**

1996-2000	Executive Committee
1996-98	Committee on Pain Management
1997-2000	Ethics Committee
1998-2000	Patient Education Committee
1996-2000	Institutional Review Board
1998-1999	Search Committee, Department of Dentistry, Chair
2000	Physician Information Systems Subcommittee
2001	Coordination of Care Committee
2001	Continuing Medical Education Committee

### **MEDICAL SCHOOL ACTIVITIES:**

1987-88	Dean's Task Force for Strategic Planning, Division of Biological Sciences
1987-93	Continuing Medical Education Committee
1988-92	Clinical Clerkship Committee
1989-91	AOA Advisory Committee
1989-	Medical Alumni Association Executive Council
1989-91	Early Start Curriculum Committee
1989-92	Curriculum Review Committee
1989-92	Faculty Workgroup on Doctor-Patient Relationship
1989-92	Promotions Committee
1989-91	AOA Committee
1989-92	Student-Faculty Retreat Committee
1989-93	Orientation Committee
1990-92	Clinical Medicine Committee
1991-93	Committee on Medicine, Science, and Society
1991-93	Committee on Family Practice Appointments
1991-92	Dean's Task Force #14 - Medical Social Sciences
1992-93	Committee to Advise the President and the Provost on the Appointment of a Dean for the Biological Sciences (elected by the faculty)
1992-96	Medical School Admissions Committee
2003-	Rush Medical College Committee on Medical Student Evaluation & Promotion

#### MEDICAL SCHOOL COURSE DIRECTOR:

1988-92	Psychiatry Clerkship
1988-91	Introduction to Psychiatry 301-302
1988-91	Medical Ethics
1988-92	Clinical Medicine

#### SELECTED HONORS AWARDS/ELECTED MEMBERSHIPS/LECTURESHIPS:

1960	Alpha Lambda Delta, Pre-Medical Honor Society
1987	Marjorie Karmel Award, American Society for Psychoprophylaxis in Obstetrics (ASPO/Lamaze)
1991	Hazel Mrazek Resident Mentor Award Illinois Psychiatric Society
1992	Nancy C.A. Roeske Award For Excellence in Medical Student Education American Psychiatric Association
1992	American Psychiatric Association Public Affairs Award: Coalition Building
1999	Outstanding Psychiatrist Award, National Alliance for the Mentally Ill
2000	Alexandra Symonds Award of the American Psychiatric Association and Association for Women Psychiatrist for outstanding contributions in promoting women's health
2000	Francis Braceland Award: Presented by the American Psychiatric Association for major contributions to public education in psychiatry.
2000	American Association of Community Psychiatrists Award: Presented by the AACCP, which recognized individuals who have made outstanding individual contributions to the areas of community health, community mental health, and consumer advocacy
2001	Women With Vision Award, Women's Bar Association, Illinois
2004	<u>Wolfe Adler Award and Lecture</u> , Sheppard and Enoch Pratt
2005	American Medical Women's Association, <i>Lila A. Wallis Women's Health Award</i>
2008	Titus Harris Lecture, UTMB, Galveston

#### MEMBERSHIP IN PROFESSIONAL, LEARNED AND RELATED SOCIETIES:

1967-	University of Chicago Medical Alumni Association
1973-90	American Society for Psychoprophylaxis in Obstetrics (ASPO/LAMAZE)
1975-	International and North American Societies of Psychosomatic Obstetrics and Gynecology
1976-	Illinois Psychiatric Society

1976-	American Psychiatric Association(Fellow)
1976-95	American Psychoanalytic Association
1986-	American Medical Women's Association
1988-94	American Association of Directors of Psychiatric Residency Training
1988-	Association of Directors of Medical Student Education in Psychiatry
1988-	Association for Academic Psychiatry
1988-93	Chicago Consortium of Residency Training Directors
1988-90	National Consortium on Consultation-Liaison Psychiatry
1989-90	American Medical Association
1989-90	Chicago Medical Society
1989-90	Illinois State Medical Society
1994-	American College of Psychiatrists(Distinguished Fellow)
1996-	American Academy of Psychoanalysis (Fellow)
1996-	American College of Psychoanalysts (Fellow)
2005-2011	American Medical Association

#### PROFESSIONAL ASSOCIATION APPOINTMENTS AND ELECTED OFFICES:

1989-	American Board of Psychiatry and Neurology: - Examiner
1991-95	Accreditation Council on Graduate Medical Education: - Specialist Site Visitor

#### American Psychiatric Association

1984-85	- Member, Committee on Women
1985-91	- Chair, Committee on Women
1990	- Member, Nominating Committee
1991-92	- Consultant, Joint Commission on Public Affairs
1991-92	- Assembly Liaison, Council on Medical Education
1991-92	- Adviser: AIDS Curriculum Task Force
1991-92	- Deputy Assembly Representative from Women's Caucus
1993-97	- Assembly Representative from Women's Caucus
1993-97	- President, Women's Caucus
1988-93	- Late Luteal Phase Dysphoric Disorder Working Group, DSM IV
1995-	- Representative, Society for the Advancement of Women's Health Research
1995-99	- Chair, Joint Commission on Public Affairs
1995-02	- Member, Psychiatric News Editorial Advisory Board
1998-	- Member, Workgroup to Educate Members on Physician- Assisted Suicide

- 1999- 00
  - Recorder of the Assembly
  - Consultant, Joint Commission on Public Affairs
  - Chair, Local Arrangements, APA May Meetings, Chicago
- 2000-01
  - Speaker-Elect of the Assembly
- 2000-01
  - Vice Chairperson, Joint Reference Committee
- 2000-01
  - Corresponding Member, Committee on End of Life Issues
- 2000-07
  - Member, Finance and Budget Committee
- 2000-01
  - Member, Advisory Group on Medem
- 2001-02
  - Speaker of the Assembly
- 2001-
  - Founding Member, Task Force on the Care of Persons with Severe and Persistent Mental Illnesses
- 2003-2005
  - Secretary of the Association
- 2003-2005
  - Chair, Ethics Appeals Board
- 2005-
  - Alternate Delegate, American Medical Association
- 2005-7
  - Vice President
- 2007-8
  - President-Elect
- 2008-9
  - President
  
- 2001-05
  - American Psychiatric Publishing, Inc.
  - Member of Board of Directors, Treasurer
  
- 1978-
  - Illinois Psychiatric Society
  - Founding Member, Residents' Committee
- 1981-86
  - Chair, Committee on Women
- 1987-89
  - Treasurer
- 1989-90
  - President
- 1989-
  - Chair, Committee on Illinois Mental Health Forum
- 1990-92
  - Member, Constitution and By-Laws Committee
- 1990-94
  - Chair, Nominating Committee
  
- 1991-93
  - Association of American Medical Colleges
  - University of Chicago's Women's Liaison Officer
  
- 1975-78
  - American Society for Psychoprophylaxis in Obstetrics
  - Board of Directors
- 1979-81
  - Vice President
  
- 1990-
  - American Psychoanalytic Association
  - Government Relations and Insurance Committee
- 1986-
  - Committee on Associate and Affiliate Membership
- 1989-
  - Co-Chair, Committee on Psychoanalysis in Medical and Residency Education
  
- 1990-92
  - Association for Academic Psychiatry
  - Deputy Section Head, Medical Student Education
- 1992-95
  - Section Head, Medical Student Education

	American College of Psychiatrists
1988-92	- Laughlin Fellowship Committee
1992-95	- Chair, Laughlin Fellowship Committee
1994	- Elevated to Fellow
1996-99	- Board of Regents
2000-2004	- Chair, Membership Development Committee
2004-2006	- Scientific Program Committee
2006-2009	- Strategic Planning Committee
	Association of Women Psychiatrists
1992-95	- Vice President
1995-96	- President-Elect
1996-98	- President
	North American Society for Psychosocial Ob/Gyn
1997-1998	- President
1998-1999	- Representative to International Society
1998-1999	
	American College of Obstetrics and Gynecologists,
1978-82	- Member, Public Advisory Committee
1982-86	- Chair, Public Advisory Committee
2000-01	- Prolog Self Assessment Examination Task Force on Patient Management in the Office, 4 <sup>th</sup> Edition
	Illinois Mental Health Forum (coalition comprising all major mental health providers, consumer and advocacy organizations in Illinois)
1988- 1999	- Founder and Convener
	Illinois Hospital & Health Systems Association
1998 - -	Behavioral Health Constituency Section Steering Committee
2001-02 -	Quality Measurement Advisory Group
	Society for Women's Health Research
1998-2000	Medical Health Advisory Board
	- Vice Chair, Chair
1999-2006	Physicians for Reproductive Choice and Health Board of Directors
2001-	U.S. Health Resources and Services Administration
	Maternal and Child Health Bureau
	Bright Futures for Women: Steering Committee
	Co-Chair, Mental Health and Wellness Expert Panel
	Member, Perinatal Subcommittee

## World Psychiatric Association

- 2008- Member, Ethics Review Committee  
2008- Vice-Chairman, Section on Psychiatry, Medicine and Primary Care

## RESEARCH:

- 1980-83 Adolescents' Attitudes Toward Breastfeeding  
- Michael Reese Medical Center  
1991- 95 The Human Genome Project and Women  
- The University of Chicago  
1996- 97 HIV Psychopharmacology Research Working Group

## COMMUNITY BOARDS:

- 1971-78 Ancona School, Board of Directors  
1983-89 Gilbert & Sullivan Operetta Company of Chicago,  
Board of Directors  
1990- Mental Health Association in Illinois:  
Professional Advisory Board  
1991-94 Mental Health Association of Greater Chicago  
Professional Advisory Board  
1994-2000 Society for the Advancement of Women's Health Research:  
Medical Advisory Board  
1997-1999 National Council on Patient Information and Education  
Board of Directors  
2001-2007 National Mental Health Association  
Board of Directors  
Public Education Committee  
Strategic Planning Committee  
Public Policy Committee  
2001-2007 Mental Health Association in Illinois  
Board of Directors  
Public Policy Committee

## PUBLIC EDUCATION AND RELATIONS:

### Selected Radio and Television Interviews

- 1980 Chicago Public Television: Panel Series on Abortion  
1982 WBBM - Bob and Betty Sanders Show  
1983 ABC-TV - "Is There Sex After Parenthood"  
A.M. Chicago - "Women and the Medical Establishment"  
1984 ABC Nightly News - "Toy Lust"  
1985 ABC Nightly News - "Now or Never Mothers"  
1986 ABC - Oprah Winfrey Show - "Postpartum Depression"



- 1989 Illinois Public Radio - "Public Mental Health Care in the State of Illinois" (Quentin Young Show)
- 1990 CNN - Larry King Live - "Is Psychotherapy Bad for You?"
- 1991 American Medical Television - "Masques of Melancholia"
- 1991 ABC - Oprah Winfrey Show - "Involuntary Hospitalization"
- 1991 CBS - "Pre-menstrual Syndrome"
- 1991 CNN - Sonya Live - "Abortion"
- 1992 WBEZ-Radio - Quentin Young Show - "Mental Illness"
- 1993 Charleston, SC public radio "What's on Your Mind?"
- 1994 WHYY Public Radio, Philadelphia, PA - "Voices in the Family"
- 1995 FOX 32 News "Susan Smith"
- 1995 WTTW - Chicago Tonight: "Menopause"
- 1995 CNN - "Hormone Replacement Therapy"
- 1996 WGBH - Frontline: "Kavorkian"
- 1996 NPR - "Breast Surgery"
- 1996 KCRW Public Radio Los Angeles, CA - Which Way L.A. - "Alleged Fraternity Gang Rape"
- 1996 PBS TV The MacNeil/Lehrer News Hour
- 1996 WBEZ - Mara Tapp Show, October
- 1997 WORLD NEWS TONIGHT Premenstrual Dysphoria Disorder
- 1998 WBEZ-FM Advisory panel for Chicago Matters project
- 1998 CNN
- Washington Post
- Associated Press
- ABC
- NBC
- 1999 WBEZ-Radio – Steve Edwards Show – Panel Discussion on "Racism as a Mental Illness."
- MSNBC InterNight News Program – August 30<sup>th</sup> – "Racism as a Mental Illness."
- WOYM, national public radio, Charleston, SC – Dr. Linda Austin – August 3<sup>rd</sup> - "Women and the Sexual Revol. Today."
- ABC – Interview with Linda Yu – October 28<sup>th</sup> – "Spying on Your Teen."
- 2000 NBC – Interview Topic: Depiction of mental illness in Jim Carrey's new movie *Me, Myself and Irene*, By Marion Brooks, July 7.
- WAMU, national public radio, Washington, DC – Fred Goodwin, September 7, "Women in Mental Health."
- MSNBC: 'Is Racism a Psychiatric Illness?'
- 2001 NBC Nightly News(national—Postpartum Depression
- CNN Talk Back Live—Infanticide
- WTTW Chicago Tonight—Postpartum Depression
- 2002 CNN Nightly News—Postpartum Depression
- National Public Radio—Postpartum Mental Illnesses
- 2003 WGN Radio
- Illinois Radio Health Network

- 2004 CBS Morning News—Depression/Pain Link
- 2005 CNN Anderson Cooper, Australian Radio 4BC, Radio KOMO Seattle, Univision, WebMD, Fox News, Fox Bill O'Reilly, NPR: Premenstrual Syndromes, MomsTownRealityRadio, WebMD, Lifetime TV
- 2006 CBS Radio Network(the effects of treatment of maternal depression on childhood psychopathology), National Public Radio(Discontinuing Antidepressants During Pregnancy)
- 2007 Fox News Good Morning: Intermittent Explosive Disorder; Public Broadcasting System NOW program, Anti-Abortion Strategies
- 2008 National Public Radio, Public Broadcasting System,

### SELECTED PRESS INTERVIEWS

- 1998 Star Ledger News, New Jersey- Interview topic – “Post Partum Depression.”
  
- 1999 Psychology Today – Interview topic: “Behavioral and Mood Changes Linked to Women’s Hormonal Cycles.”  
 Chicago Tribune - Interview topic: “Women’s Life Choices.”  
 Town & Country Magazine – Interview topic: “Hidden Depression.”  
 Prevention Health Book- Interview topic: Women’s Emotional Health.  
 SELF-Magazine – Interview topic: Ritalin, The Energy Pill Women Are Hooked On, by Lisa Collier Cool.  
 New York Times – Interview topic: “For the Partum Blues, a Question of Whether to Medicate.” By Lois B. Morris.  
 USA Today – Interview topic: eating disorders, By Nancy Hellmich.  
 Chicago Tribune- To Love, honor and obey, By Barbara Bratman.  
 Village Voice – Interview topic: Premenstrual Dysphoric Disorder and Sarafem, by Carka Soartis.
  
- 2000 Wall Street Journal – Interview topic: Premenstrual Dysphoria Disorder (PMDD), by Tara Pope, February 26.  
 CBS Market Watch – Financial – Interview topic: Premenstrual Dysphoria Disorder (PMDD), by Trish Regan, February 26.  
 New York Post – Interview topic: Did Premenstrual ‘Cure’ Invent the Disease?, by Hallie Levine, February 27  
 Village Voice
  
- 2001 WebMD  
 Glamour  
 Chicago Tribune  
 Washington Post  
 Wall Street Journal  
 Child Magazine  
 Shape Magazine

- 2002      Babycenter.com  
Self Magazine  
Chicago Tribune  
MORE (affiliate of Ladies' Home Journal)  
Woman's Day  
New York Times  
TIME
- 2003      Investors' Business Daily  
Cosmopolitan  
Glamour  
Baby Talk  
Vogue  
Shape  
Raleigh News and Observer
- 2004      Dallas Morning News  
Self Magazine  
Woman's Day  
New York Times  
Health Magazine  
Vogue Magazine
- 2005      Palm Beach Post, Cleveland Plain Dealer, People: Psychiatry v. Scientology. Good Housekeeping, Newsweek, Parents, Understanding Health, Time Out Chicago, Glamour, Family Circle
- 2006      Weight Watchers Magazine(body image during pregnancy), Better Homes and Gardens(the case against mothers), Family Circle, New York Times, Chicago Tribune, Los Angeles Times, Sacramento Bee, Redbook
- 2007-8      Self Magazine, Reader's Digest, AMNews, Marie Claire
- 2008-9      NPR, Marie Claire, Milwaukee Journal-Sentinel, Parade Magazine, NY Times, AM News, Wall Street Journal
- Fox News, SELF Magazine, MORE Magazine, Family Circle, NY Times,  
Chicago Tribune, LA Times
- 2011      SELF, Psychiatric Times

#### INTERNET PUBLICATIONS:

FitForAll.com – Interview topic: Depression. September 1999

SavvyHEALTH.com – Interview topic: Rock-A-Bye Baby Blues -  
Postpartum Depression, May 1, 2000  
DrDonnica.com – Too Fat, Too Thin: Women Can't Win. October  
2000.  
MedScape—Women at the APA Meeting. May 2003.  
MomsTown Reality  
Web MD  
Be Smart Be Well  
Huffington Post

#### TESTIMONY BEFORE GOVERNMENTAL BODIES:

- 1989 U.S. Surgeon General: Induced Abortion
- 1991 U.S. Congress: Mental Illness
- 1992 FDA: Silicone Breast Implants
- 1994 NIMH: Women's Health Research
- 2001 Congressional Black Caucus: Post Partum Depression
- 2004 U.S. Senate Subcommittee on Science and Technology: Effects of  
Abortion on Women
- 2004 U.S. House of Representatives Health Subcommittee: Psychological  
Sequelae of Pregnancy
- 2006 Campaign for Mental Health Reform/President's New Freedom  
Commission on Mental Health